



**Sailing Instructions**  
**2009 J/24 Fleet 106 Mid Sound Regatta**  
**June 6<sup>th</sup> & 7<sup>th</sup>, 2009**  
**Centerport & Lloyd Harbor Yacht Clubs**

**1. Rules**

The regatta will be governed by the 2009-2012 Racing Rules of Sailing (RRS), The rules of *The International J/24 Class*, the Notice of Race except as any of these are altered by the Sailing Instructions or any appendices to the Sailing Instructions.

**2. Entry**

Only J/24 Class boats as defined by the IJCA may enter. Entrants must meet all ownership, Class membership and boat measurement requirements, and must have completed registration and paid all fees with the regatta organizing authority before becoming official competitors.

**3. Racing Area**

The racing area will be located approximately 1.8 Miles East of BELL 15-Lloyd Neck (40 58.2 N X 73 27 W). The Race Committee will broadcast its position at 10:30 hrs each day on VHF 69.

**4. Notices to Competitors**

Notices to competitors will be posted on the Official Notice Board on the Centerport Yacht Club porch and will be posted on the LHYC WEB SITE [www.lhyc.org](http://www.lhyc.org).

**5. Changes in Sailing Instructions**

Any change to the Sailing Instructions will be posted as noted above by 1900 hrs on the day before it will take effect.

**6. Schedule of Races**

- 6.1 Racing is scheduled for June 6<sup>th</sup> and June 7<sup>th</sup>.
- 6.2 The scheduled time of the warning signal for the first race Saturday is 1100 hrs and on Sunday at 1100 hrs.
- 6.3 The Race Committee will display Flag "R" at the finish if more races are to be sailed that day.
- 6.4 No warning signal will be made after 15:30 on June 7<sup>th</sup>.

**7. The Course**

- 7.1 The course will be WINDWARD-LEEWARD for a specified number of legs, with all marks left to Port. The windward mark will be approximately 1.0 to 2.0 nautical miles from the leeward mark. The leeward mark will be approximately 100 feet to windward of the starting line.
- 7.2 The approximate compass bearing and distance from the starting line to the windward mark and the number of legs will be displayed from the Race Committee Signal Boat before or with the warning signal.
- 7.3 The letter "W" will indicate a finish to Windward between the windward mark and a nearby Race Committee Boat. The letter "L" will indicate a Leeward Finish between mark "X" and the RC Signal Boat.
- 7.4 The Leeward mark may be passed on either hand on the first or last leg of course "L".

**8. Marks**

- 8.1 All Marks will be Inflatables, except for starting mark "X" which will be an orange flag on a staff displayed from either a buoy or a Race Committee Mark Boat.
- 8.2 A new mark used when the course is changed will be an Inflatable with a Black Band.
- 8.3 The Race Committee Boat may use a stand off mark at the stern of the boat. This is a mark of the course, and shall be treated as though it is part of the boat. A boat touching it or passing between it and the Race Committee boat shall incur the same penalty as though the infringing boat had touched any other mark of the course while racing.

## **9. The Start**

9.1 Races will be started in accordance with RRS 26 with the warning signal given five minutes before the starting signal.

9.2 The class flag will be Numeral Pennant 1

9.3 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the staff displaying an orange flag on mark "X", or on the Race Committee Pin Boat, constituting the port end of the line.

9.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

## **10. Recalls**

The Race Committee will attempt to broadcast the sail number of each recalled boat on VHF channel 69. Boats in violation of rules 30.1 or 30.3 in the minute prior to the start may be notified before the starting signal. Failure of a boat to receive the recall broadcast or a boat's position in the sequence of broadcast numbers shall not be grounds for redress.

## **11. Change of Course after the Start**

In the event of a course change after the start, the new mark need not be in position before the first boat begins the changed leg. For course changes made prior to the first boat beginning a leg, the old mark may not be removed at the time of placement of the new mark. All marks yet to be rounded may be repositioned to maintain the original course configuration. This adds to RRS 33.

## **12. The Finish**

12.1 For courses with an even number of legs, the finish line will be between a staff displaying an orange flag on a Race Committee boat and the staff displaying an orange flag on mark "X", or on the Race Committee Mark Boat. This finish line will be located approximately 100 feet to leeward of the leeward mark on the same bearing as the last leg.

12.2 For courses with an odd number of legs, the finish line will be between a staff displaying an orange flag on a Race Committee boat and the windward mark.

## **13. Time Limit**

13.1 If no boat rounds the first windward mark within 45 minutes of the start, the race may be abandoned.

13.2 The time limit for all boats to sail the course and finish will be 2.5 hours.

13.3 Boats failing to finish within 30 minutes after the first boat that sails the course and finishes shall be scored "Time Limit Expired" (TLE). The points for a boat scored TLE shall be 2 more than the last boat to finish before TLE was signaled except that no boat shall score more points than the number of entrants. This changes rules 35 and A4.

## **14. Protests**

14.1 The protesting boat shall conspicuously display a red flag flown from the starboard backstay adjuster, in accordance with RRS 61.1, and advise the Race Committee of the sail number of the protested boat immediately upon finishing on VHF 69.

14.2 Protests shall be written, and filed with the Jury representative on the Centerport YC porch no later than one hour after the docking of the Race Committee Boat signaled by display of flag B on the Centerport YC flag pole. Noroton launched boats shall fax protests 1 hour after reaching port, but later than 3 hours after committee boat has left race area station. Fax number 631-261-5452.

14.3 Protests will be heard in the CYC Clubhouse in the approximate order of receipt starting at the expiration of the protest filing time.

## **15. Alternative Penalties**

The 720° Turns Penalty, as provided in RRS 44.2, will apply. Just after finishing, any boat that took a 720 penalty turn must acknowledge to the Race Committee that it took a 720 penalty turn and indicate the sail number of the boat that it infringed against on VHF 69.

## **16. Scoring**

16.1 Up to six races are scheduled; one race will constitute a regatta.

16.2 The Low Point Scoring System, RRS Appendix A, as modified herein, will apply.

16.3 Each boat's score will be the sum of her scores for all races. No score will be excluded.

## **17. Safety and Check In**

17.1 Each boat shall Check In before the Warning Signal for the first race each day by sailing by the stern of the Race Committee Signal Boat on starboard tack and hailing her sail number. The crew shall continue to hail their boat's sail number until acknowledged by a member of the Race Committee. If a boat fails to Check In she shall receive a scoring penalty as described in rule 44.3(c) in her first race of the day.

17.2 A boat that retires from a race shall notify the Race Committee as soon as possible. The Race Committee will monitor VHF channel 69 for this purpose.

**18. Haul-out Restrictions**

All boats shall remain afloat for the duration of the regatta. Haul out during the regatta is only permitted with and according to the terms of prior written permission from the organizing committee.

**19. Support Boats**

Boats shall not receive outside assistance that is not available to all competitors, including the use of support boats, after leaving the harbor each day until she returns to the harbor after completion of the last race of the day.

**20. Sail Numbers**

Sail numbers will be used to identify each boat and must be displayed on main sail and headsails in accordance with written instructions as stated in the J-24 2009 Class Rule Book.

**21. Prizes**

Prizes will be awarded to the top three finishers in the regatta. Additional prizes may be awarded at the discretion of the organizing committee.

**22. Disposal of Trash**

Any boat that discharges trash into Long Island Sound shall be disqualified from the regatta.