

Lloyd Harbor Yacht Club

2010 WOMEN SKIPPERS' RACE SAILING INSTRUCTIONS

Friday, August 20, 2010

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the 2009-2012 Racing Rules of Sailing.
- 1.2 All boats shall comply with the YRALIS Minimum Equipment Recommendations Category C as published in the YRALIS Racing Schedule (2009 Racing Program). One design classes shall conform to their class rules concerning minimum equipment and accommodation standards.
- 1.3 **A FEMALE MUST CONTROL THE HELM AT ALL TIMES IN THIS RACE.**

2 ELIGIBILITY AND ENTRY

- 2.1 YRALIS PHRF weight limitations will not apply for this series, nor will credits or penalties for crew weight be applied to the boat's base ratings.
- 2.2 To race in the PHRF spinnaker fleet a boat must possess a valid YRALIS PHRF certificate, or a Lloyd Harbor Yacht Club handicap rating, or must race in a one design class.
- 2.3 The Non-Spinnaker Program as published in the YRALIS Racing Schedule (2010 Racing Program) will be followed. To race in the non-spinnaker fleet, a boat must have either a valid YRALIS PHRF certificate, or a Lloyd Harbor Yacht Club handicap rating.

3 NOTICE TO COMPETITORS and CHANGES IN SAILING INSTRUCTIONS

- 3.1 Notices to competitors may either be posted on the LHYC website home page, or be made by email, but shall be broadcast on VHF Channel 72 prior to the start sequence. Flag L (Come within Hail) will be displayed from the committee boat until one minute before the scheduled first warning signal if any such notice or change has been posted.
- 3.2 Should any notices to competitors or changes in sailing instructions be posted on the LHYC website or emailed, it shall occur no later than 1500 hrs. the day of the race.

4 SCHEDULE OF RACES

- 4.1 Racing is scheduled for Friday, August 20, 2010, with the first class warning at 1900 hrs. EDT. There will be one race.

5 CLASS FLAGS AND IDENTIFICATION

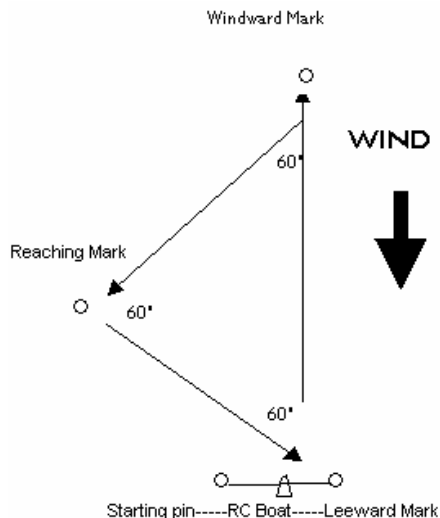
- 5.1 All boats shall identify themselves to the Race Committee by sailing past the stern of the committee boat on starboard tack with mainsail hoisted prior to the first warning signal.
- 5.2 The number of classes and the class assignment for each boat will be indicated on the Scratch Sheet. Class flags displayed by the committee boat will be numeral pennants corresponding to the class number. Boats wishing to change class, (e.g., Spinnaker to Non-Spinnaker), shall notify the Race Committee prior to the first warning signal. The Race Committee will announce any such changes on VHF channel 72.

6 RACING AREA

- 6.1 The race committee boat will be stationed in Huntington Bay, no further north than Nun 6 off Lloyd Neck.

7 COURSES and MARKS

- 7.1 Course signals will be made by posting a letter on a board on the race committee boat. The letter indicates which course below to sail.
- 7.2 Inflatable mark “windward” will be located approximately one NM to windward of the starting line. Inflatable mark “leeward” will be located to leeward and be in the vicinity of the starting line. Inflatable mark “reaching” will be located on the left side of the course as follows:



- 7.3 All marks are to be rounded in the order listed, proceeding from the start to the first mark listed, continuing in the order listed.

COURSE	MARK	LEAVE TO:
A	Inflatable Mark - “windward” Finish at Inflatable Mark - “leeward”	Port Port
B	Inflatable Mark - “windward” Inflatable Mark - “leeward” Inflatable Mark - “windward” Finish at Inflatable Mark - “leeward”	Port Port Port Port
C	Inflatable Mark - “windward” Inflatable Mark - “reaching” Finish at Inflatable Mark - “leeward”	Port Port Port
D	Inflatable Mark - “windward” Inflatable Mark - “reaching” Inflatable Mark - “leeward” Inflatable Mark - “windward” Inflatable Mark - “reaching” Finish at Mark - “leeward”	Port Port Port Port Port Port

- 7.4 Government aids to navigation, when not designated as marks of the course, may be disregarded at the discretion of the skipper.
- 7.5 If the course is changed after posting, three sound signals will be made.

8 THE START

- 8.1 The starting line will be between an orange flag on the race committee boat and the flag on the mark "X" or a nearby mark of the course.
- 8.2 Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 8.3 If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

Sample start sequence assuming a 1900 first signal, however a break in sequence could occur:

CLASS	TIME	ACTION	SOUND	VISUAL SIGNAL
1	19:00	Class 1 warning	Horn	Class 1 flag displayed
	19:01	Class 1 prep	Horn	"P" flag displayed
	19:04		Long Horn	"P" flag removed
	19:05	Class 1 start	Horn	Class 1 flag removed
2		Class 2 warning		Class 2 flag displayed
	19:06	Class 2 prep	Horn	"P" flag displayed
	19:09		Long Horn	"P" flag removed
	19:10	Class 2 start	Horn	Class 2 flag removed
		Class 3 warning		Class 3 flag displayed
		And so on...		

- 8.4 Any boat starting later than 15 minutes after her starting signal will be scored Did Not Start (DNS). This changes RRS rule A4.1.
- 8.5 Subsequent races for each class will be started as soon as practical after all boats in that class have finished the current race.

9 CHANGE OF COURSE

- 9.1 Courses will not be changed after the start.

10 THE FINISH

- 10.1 The finish line will be between the orange flag on a race committee boat and the last mark of the course signaled.

11 TIME LIMIT

- 11.1 The time limit will be 2130 hrs. for all classes. Any boat not finishing by the time limit will be scored "Did Not Finish" (DNF). Any boat failing to finish within 30 minutes plus her time allowance from the finish of the first boat in her class will be scored Did Not Finish. This changes RRS rules 35, A4 and A5.

12 PROTESTS

- 12.1 Protests should be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman: Mr. Thom Hering, 99 Crescent Beach Drive, Huntington, NY 11743. Protests may be delivered in person, by e-mail to thering@pspsports.com, or by facsimile to 631-424-8414. Protests shall be delivered by 18:00 hrs. on the Sunday following the race. Protest hearings will be scheduled accordingly.

13 SCORING

- 13.1 The Time-on-Time method of calculating corrected times will be used. The lowest corrected time wins. The Time Correction Factors (TCFs) for Time-on-Time scoring will be derived from the PHRF Handicaps using the US Sailing recommended equation of "TCF= A/(B+PHRF)" with A= 650 and B= 550. The elapsed time of each boat is multiplied by her factor to give her corrected time. TCF's will be reported on the scratch sheet. To see how you stand during a race, take the difference between your TCF and the other boat's TCF and multiply by 3600. This is the seconds per hour of elapsed race time that you have to be in front of her in order to be beating her.
- 13.2 Each class will be scored separately.

14 WITHDRAWAL

- 14.1 A boat that retires from a race shall notify the race committee as soon as possible.

15 RADIO COMMUNICATION

- 15.1 The Race Committee shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the race committee. Boats shall not be entitled to redress for the following: misstatements by the race committee, or failure of a boat to hear or receive a broadcast.
- 15.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

16 PRIZES

- 16.1 Prizes will be awarded as follows for each class: First, Second and Third.
- 16.2 The scoring for the overall trophy will be scored by adding 30 points to the PHRF rating of spinnaker boats and recalculating the race finish order.

17 DISCLAIMER OF LIABILITY

- 17.1 Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 RESULTS

- 18.1 Results will also be posted on the Lloyd Harbor Yacht Club web site - www.lhyc.org.

There will be a raft up on the club mooring in Lloyd harbor after the race.

Visit the Lloyd Harbor Yacht Club Web Site - lhyc.org for scratch sheets & results



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